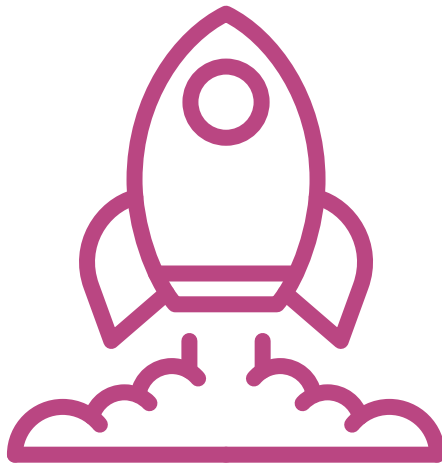




# P2P DOC

## Mentorship Program



Peer exchange with purpose:  
a program for doctoral students  
at TU Wien to support one another



# Program Overview

**Program language**  
English

**Program duration**

October 2025 to  
April 2026

**Mentees**

Doctoral students  
in year 1 or 2

**Mentors**

Doctoral students  
in year 3 or 4

**Build supportive relationships, share experiences, and develop valuable skills.**

P2P DOC is a peer-to-peer mentorship program that aims to support current doctoral students at TU Wien. By participating in P2P DOC, you'll get to:

- **Help or receive help** from fellow doctoral students with challenges and decision-making doctoral students face in academic life
- **Learn new soft skills** such as active listening, communication, leadership, empathy, problem-solving, cultural awareness, facilitation, and more in a real-life setting
- **Build out your professional network** in a natural and authentic way

**Mentees** will ...

- ✓ gain practical advice, support, encouragement
- ✓ increase academic confidence and abilities
- ✓ develop their social skills
- ✓ build their network

**Mentors** will ...

- ✓ improve social skills and gain personal growth
- ✓ expand their network
- ✓ gain confidence and fulfillment
- ✓ receive recognition

Mentors will receive 3 ECTS for their participation in the program.



# Application

Please apply via our JIRA portal using the QR code below or by clicking [here](#).



## Application deadline for mentors

August 31,  
2025

## Mentors

In addition to the JIRA form, mentors will be required to submit a 3-minute application video. Please find the questions and further indications [on the P2P DOC website](#).

Since mentors will receive training for their role and guidance throughout the program, no prior mentoring experience is needed.

## Application deadline for mentees

September 30,  
2025

## Mentees

Mentees are required to submit their application using the formal application form in JIRA. Please find further indications [on the P2P DOC website](#).

You will receive information about next steps from the P2P DOC Team via your TU Wien email, after your application has been formally evaluated.



# Program Structure



## Mentor Training\*

Mentors receive training on problem-solving and critical thinking as well as cultural awareness.



## Mentor Briefing\*

The mentors meet virtually with the P2P DOC Team to receive more information about their role and tasks.



## Application, Selection

Mentors and mentees apply via JIRA. The P2P DOC Team reviews all applications.



## Matching Event

Mentees and mentors get to know each other during this kick-off event.



## 10 Mentor-Mentee Meetings

Mentees and mentors meet at least ten times to discuss current challenges and ongoing topics.



## 4 Mentor Coaching Sessions\*

Mentors get to take part in 3 group coaching sessions and 1 individual success session.



## 2 P2P DOC Check-ins

Both mentees and mentors meet with the P2P DOC Team to provide feedback on the program.



## 3 Mentor Meetings\*

Mentors meet to discuss their experience.



## Celebration Event

All mentees and mentors meet to celebrate their mentoring journey together.

\* Only for mentors



# Schedule

**P2P DOC is designed to fit into the schedule of a busy academic.**

Meeting dates are either set early on or can be coordinated between mentors and mentees.

<b>Sep. – Oct.</b>		Mentor training
<b>Oct. 23</b>		Kick-off and Matching Event
<b>Oct. – Apr.</b>		10 Mentor-mentee meetings 4 Mentor coaching sessions 2 Check-ins with P2P DOC Team 3 Mentor meetings
<b>Apr. 28</b>		Celebration Event



# Mentors' Role

**Mentors will receive 3 ECTS for successfully completing the program.**

The dean responsible for each mentor's studies will decide whether these ECTS may be applied to the social skills requirement of the respective curriculum.

Mentors support their mentees as they grow and develop during their doctoral studies and navigate important decisions. Mentors offer support, encouragement, and guidance in several important ways.

- ✓ Mentors share their own experiences with doctoral studies at TU Wien
- ✓ Mentors are a sounding board when challenges arise
- ✓ Mentors motivate and offer emotional support
- ✓ Mentors empower their mentees to solve challenges independently
- ✓ Mentors help set realistic goals



# Testimonials

It's not something you finish in a day. It's a commitment, but it's going to be worthwhile if you put in the time and the effort.

I think if someone also wants to have fun during the process, the program helps you with that.

The overall time commitment is not that big. And you get so much experience that it's definitely worth it.

It really helped me grow confident in my role as a researcher.

Because being a PhD student is so much different from doing a bachelor's or master's degree that everybody could benefit from it.

You have the chance to develop skills that you cannot develop by following other courses from TU Wien. Just go for it because it was very helpful for my mentees and also for me.

All you had to do is show up and just be yourself.

I learned that I have more qualities than I thought I do. And I can bring more to the table.

I would definitely do the program again.

I think that the value with respect to the time invested was really high.

You will learn a lot of things, you will gain a lot of experience.

# Learn More



## **P2P DOC Mentorship**

[www.tuwien.at/en/doc/p2p](http://www.tuwien.at/en/doc/p2p)



## **TU Wien Doctoral Center**

[www.tuwien.at/en/doc](http://www.tuwien.at/en/doc)



**Thrycon**

## **Thrycon**

Strategic Partner for P2P DOC

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