



Voice & body language skills to enhance online and offline delivery of lectures

[After registration you will receive an invitation incl. link to the TUWEL course.]

Dates: 7. + 8.06.2021
Time/ duration: 9.00-13.00 (8 hours)
Location: online (TUWEL + Zoom)
Trainer_in: Kate Montague

Group size: min. 10 participants; max. 12 participants

Target group: all TU lecturers

Learning outcomes: By the end of the course, participants are able to...

- deliver lectures with a dynamic voice that commands attention
- project a strong and confident voice with ease
- engage expressive tonal qualities to create emotional affect and influence the audience
- use body language to increase personal impact
- read and interpret signals from others
- invest in body language to help control tensions, diffuse conflict, and motivate audiences
- use body language to build rapport
- gain awareness of strengths and areas for improvement in own teaching delivery style

Contents:

- focus on breath and body warm up to boost confidence and positive mindset
- techniques in the fundamentals of voice such as use of rhythm, pause, volume appropriacy and clarity so that students can easily follow the lecture/teaching session
- storytell a lecture both on and offline and land a dynamic, compelling and convincing talk
- connect with the range of your voice and learn how to land your key
- adapt and enhance your personal body language vocabulary through experiential practice and exercises in postural awareness, gesture, facial expression and rhythm
- the power of 'vocal gesture' and elevating your 'wholeness' of delivery style

Methods:

- Practical exercises to reset the nervous system, allay nerves and develop ease and confidence in engagement and delivery
- Input from trainer supported by practice activities and theory
- Interactive training style with input from participants (through, for example, discussion, pair and small group exercises)
- Short practice sessions in which participants demonstrate a segment of their teaching
- Feedback from participants to develop awareness around teaching delivery style