

Emergency First Aid

1. Life-saving measures



- **Keep calm!**
- **Secure the danger zone**
- **In case of heavy bleeding -> arrest of bleeding**
- **Monitor**

Breathing	Conscious	
yes	no	→ Stable side position
no	no	→ Reanimation (30:2)

Defibrillator at the security lodge

2. Emergency call



Inform:

Emergency service

Tel: **144** and

Home emergency call

Tel: **(DW) 90 4444** resp.

0664 605 88 4444

(Enabling the access road and instructing the emergency services)

Where is the emergency location? (Building, floor, room number...)

What has happened?

What is the number of persons affected?

What injuries/ disorders?

Wait for further questions!

3. Additional first aid



- calm the injured person
- treat a wound (sterile wound dressing, ...)
- relieve pain (elevation, ...)
- instruct the emergency service

Next first aid box

Safety and occupational health

ext. **90 1111**

resp. **0664 605 88 1111**

First-aider

Ext.

_____	_____
_____	_____
_____	_____
_____	_____

Additional emergency numbers

Fire service	122
Police	133
Emergency doctor	141
Poisoning	01/406 43 43
Gas emergency	128
BIG Hotline	DW 49061 or
(technical defects)	0664/610 49 39