

# First aid measures

## 1. immediate life-saving measures



defibrillator is located by the security service

- **Keep calm!**
- secure danger zone
- hemorrhage → try to stop bleeding
- check:

breathing	response		
yes	no	→	Recovery position
no	no	→	reanimation (30:2)

## 2. emergency call



ambulance Tel: **144** and  
 carephone (inhouse) Tel: **(direct call) 90 4444** or  
**0664 605 88 4444**

(enable access and instruct the ambulance!)

**Where** is the place of emergency? (room number)

**What** happened?

**How** many persons are injured?

**Which** injury/disease?

**Wait** for further questions!

## 3. Further First Aid



- try to calm injured persons
- take care of trauma-lesions
- try to reduce pain
- try to remove spectators
- give instructions to paramedics

Next first aid kit:

\_\_\_\_\_

Occupational Health Department

**(direct call) 90 1111**

or **0664 605 88 1111**

Firstaider:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Phone:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
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**Further emergency numbers:**

Fire Department	122
Police	133
Medical Department	141
Toxicopathy	01/406 43 43
Gas problems	128
BIG-Hotline	(direct call) 49061 or
(technical problems)	0664/610 49 39