



INTEGRATING GENDER IN MEDICAL EDUCATION. A PROPOSAL FROM SCHOOL OF MEDICINE OF AUTONOMOUS UNIVERSITY OF MADRID

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BACKGROUND



Knowledge and skills in gender studies are a promising way to improve medical science. However the approach to health and disease from a gender perspective is a work still very underdeveloped and also there is strong opposition to the issue.

CONTENTS

Since academic year 2010-11 UAM School of Medicine has started a new medical curriculum giving the opportunity to introduce new subjects. It has been introduced an optional discipline entitled "Health and Gender" that is being made by a Significant number of students.

The course is organized as a participatory formative and discussion seminar with the intervention of teachers and students, where different topics are developed to present gender inequalities involved in the state of health. Awareness of the need for this approach is required in all processes of analysis and research in health sciences and, as is known, often not taken into account those differences in diagnosis and treatments of diseases.



The program of the course are organized around the following topics

- Gender as a category of analysis in health and disease processes.
- Gender stereotypes in society and its relationship to health.
- The gender inequality in research in Health Sciences.
- The strategy of public health policies to mainstream gender.



- The gender factor in morbidity and mortality differential.
- Differential access to health care and use of health services.
- Guidelines and recommendations for the implementation of gender mainstreaming in health.
- The aging process and its implications on differential health of men and women.
- Food, nutrition and health. Alimentary behavior disorders and gender positions.
- Gender violence. Magnitude and impact on health.
- Innovations gender in current biomedical research.



CONCLUSIONS

- It is very important to establish actions for evidence of gender inequalities in health in the current period of educational innovation and quality of research.
- The transmission of knowledge about a vision of gender in the approach to health-disease process is essential.

